



**LOS ALTOS HIGH SCHOOL
9TH GRADE
COURSE SELECTION WORKSHEET**

LAST NAME:	FIRST NAME:	M.I.
CURRENT SCHOOL:		
CURRENT GRADE: 8	_____ 504 Plan	

HIGHLIGHT YOUR CHOICES BELOW

- = denotes a course recognized by UC as meeting an "a-g" requirement
- += denotes a course that is given weighted credit by UC (A=5, B=4, C=3)
- * = semester length course
- '@ = pending UC approval

CORE COURSES	
MATH	SCIENCE
<i>Students must select one of the following options:</i> <ul style="list-style-type: none"> • Algebra I - AC1010 • Algebra II - AC3010 • Algebra II H - AB3010 • Geometry - AC2010 • Geometry Honors - AB2010 	<i>Students must select one of the following options:</i> <ul style="list-style-type: none"> • Biology - CC1010 • Biology Honors - CB1010
ENGLISH	SOCIAL STUDIES
<i>All students will be enrolled in:</i> <ul style="list-style-type: none"> • Survey Comp/Literature - DC1010 	<i>All students will be enrolled in:</i> <ul style="list-style-type: none"> • Ethnic Studies - EC6010
PHYSICAL EDUCATION	
<i>All students will be enrolled in:</i> <ul style="list-style-type: none"> • Grade 9 PE - PO1010 & PO1020 <p><i>All 9th Graders select and take both Fall & Spring PE.</i></p>	

All students are required to take a minimum of six (6) courses and a maximum of (7). When considering participating in a sport we encourage students to not to take more than (6) classes.

Todos los estudiantes deben tomar un mínimo de seis (6) cursos y un máximo de (7). Al considerar participar en un deporte, animamos a los estudiantes a no tomar más de (6) clases.

ATHLETICS (Optional)	
<i>(1) Sport per season, please identify all sports that you are interested in participating</i>	
FALL	SPRING
<ul style="list-style-type: none"> • Frosh G Field Hockey - QO1020 • Frosh Football - QO1010 • Frosh G Golf - QO3143 • Frosh G Tennis - QO1060 • Frosh G Volleyball - QO1050 • Frosh B Water Polo - QO1040 • Frosh G Water Polo - QO1043 • Frosh XC Co-ed - QO1030 	<ul style="list-style-type: none"> • Frosh Badminton - QO3010 • Frosh Baseball - QO3020 • Frosh B Diving - QO3040 • Frosh G Diving - QO3043 • Frosh B Golf - QO3140 • Frosh G Gymnastics - QO3070 • Frosh B Lacrosse - QO3110 • Frosh G Lacrosse - QO3120 • Frosh Softball - QO3060 • Frosh B Swimming - QO3030 • Frosh G Swimming - QO3033 • Frosh B Tennis - QO3050 • Frosh Track co-ed - QO3080 • Frosh B Volleyball - QO3090
WINTER	
<ul style="list-style-type: none"> • Frosh B Basketball - QO2010 • Frosh G Basketball - QO2013 • Competitive Cheer - QO3150 • Frosh B Soccer - QO2020 • Frosh G Soccer - QO2023 • Frosh Wrestling - QO2030 	

ADDITIONAL COURSES
<i>May choose up two additional courses - please identify two alternates</i>
WORLD LANGUAGES
<ul style="list-style-type: none"> • French I - FC1010 • French II - FC1011 • French III - FC1012 • +French III Honors - FB1012 • Latin I - FC3010 • Mandarin Chinese I - FC5010 • Mandarin Chinese II - FC5011 • Mandarin Chinese III - FC5012 • +Mandarin Chinese IV H - FB5014 • Spanish I - FC2010 • Spanish II - FC2011 • Spanish II Honors - FB2012 • Spanish III - FC2013 • +Spanish III H for Sp Speakers - FB2111 <p>Level III class for native Spanish Speakers.</p> <ul style="list-style-type: none"> • +Spanish III Honors - FB2014
PERFORMING ARTS
<ul style="list-style-type: none"> • Acting I - JC1410 • Chorale - JC1020 • Concert Band - JC1220 • Exploring Music - JC1310 • Marching Band - JC1200 • Orchestra - JC1270 • Symphonic Band - JC1230
VISUAL ARTS
<ul style="list-style-type: none"> • Drawing I - IC1010 • Painting I - IC1110 • Photography I - IC1210
CTE
<ul style="list-style-type: none"> • Design & Prototyping - BC2040 • Dig Communications (Journalism I) - KC1300 • Engineering I - KC1340 • Innov. Design Essentials - BC2045 • Intro. To Comp. Program.- BC1017 • Robotics I - BC2060
OTHER ELECTIVES
<ul style="list-style-type: none"> • AVID Freshman - HC0020 • Rally Frosh - OO1050
ALTERNATE
List 1-2 alternate electives
1. _____
2. _____

Los Altos High School

This form is to help students select their courses and calculate how they utilize their time each week.

There are a total of 168 hours per week.

Students typically spend 36 hours in classes per week <i>LAHS College Prep courses have an average of 2-3 hours of homework per week; AP and Honor Courses have an average of 4-5 hours of homework per week.</i>			
	Current course	Proposed Course (24-25)	Anticipated Hours of Homework per week
English			
Social Studies			
Math			
Science			
World Language			
Elective			
Elective			
Total Anticipated Homework			